

# Southern African HIV Clinicians Society 3rd Biennial Conference

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Our Issues, Our Drugs, Our Patients

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## Lessons learned from implementation of HIV/AIDS Acceleration Plan in 3 provinces (Manica, Sofala and Tete) of Mozambique

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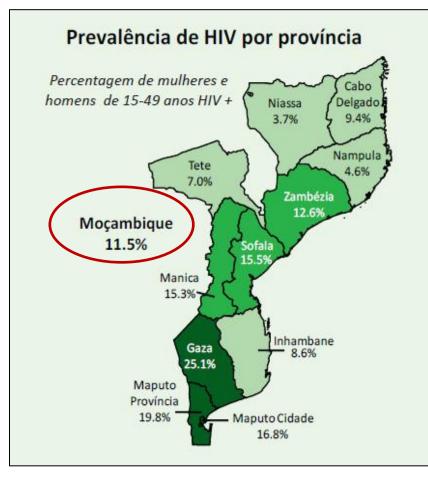
April 14<sup>th</sup>, 2016





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#### Overview of Mozambique HIV Epidemic



| II.  |              |
|--|--------------|
| Estimated population (2014) <sup>1</sup>                 | 24.3 million |
| Estimated HIV Prevalence (age 15 -49), 2009 <sup>2</sup> | 11.5%        |
| Number of people living with HIV (all ages),             | 1,400,000    |
| 2014 <sup>2</sup>  |              |
| Women aged 15 and up living with HIV, 2014 <sup>3</sup>  | 830,000      |
| Children aged 0 to 14 living with HIV, 2014 <sup>3</sup> | 160,000      |
| Deaths due to AIDS (all ages), 2014 <sup>3</sup>         | 45,000       |
| Orphans due to AIDS (0-17), 2014 <sup>3</sup>            | 610,000      |
| HIV prevalence in pregnant women, 2011 <sup>4</sup>      | 15%          |
| Retention Rate ( 12 Months) 2015 <sup>5</sup>            | 67%          |
| ART coverage for PLWHIV, 2015 <sup>5</sup>               | 51%          |
| ART site coverage, 2015 <sup>5</sup>                     | 65%          |
| PMTCT coverage, 2015 <sup>5</sup>                        | 94%          |
|  |              |

- INE. População projectada. Moçambique (1900–2040). Retrieved March 24, 2016, from: http://www.ine.gov.mz/
- 2. INSIDA 2009
- 3. UNAIDS Gap Report, 2014
- 4. Epidemiologic surveillance round 2011 (ronda de vigilância epidemiologica, 2011)
- 5. HIV National Program data, presented in the HIV national meeting March 2016



## **Background**

- In June 2011, the Government of Mozambique ratified:
  - A universal commitment to eliminate mother-to-child HIV transmission; and made:
  - A Political Declaration on HIV to intensify the effort to eliminate this epidemic
- How to operationalize these commitments?
  - Acceleration Plan for the HIV and AIDS response, approved in 2013, extended to 2017





## Development of the Acceleration Plan







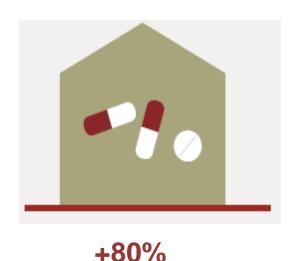


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## **Objectives**

INCREASE THE PERCENTAGE OF ELIGIBLE ADULTS AND CHILDREN WHO RECEIVE ART TO 80% BY 2015

DECREASE THE NUMBER OF NEW INFECTIONS BY 50% BY 2015 DECREASE THE HIV VERTICAL TRANSMISSION RATE BY 5% BY 2015







Source: MoH and Spectrum





### Key approaches

- Task shifting;
- Simplified criteria for establishing more ART sites;
- Involvement of the provinces in the development of the acceleration plan;
- Crucial support from partners in developing and implementation of the plan;
- Technical support from implementing partners





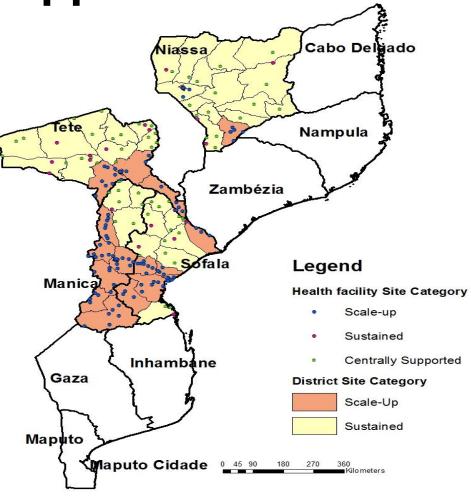
FHI 360/CHASS support for the Plan

Sites supported by USAID trough FHI 360 In 4 provinces (Manica, Niassa, Tete and Sofala)

ART sites: 225

PMTCT Sites: 281,

CT Sites: 240







## **Key Success Factors**

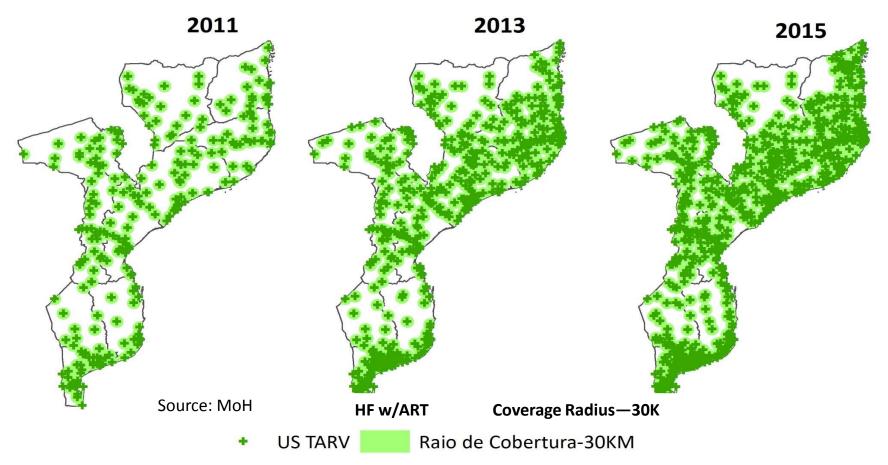
- Financial support from international donors mainly US Government and Global Fund has ensured availability of commodities (ARV's, lab reagents, RTK, etc.);
- Support from the community based organizations;
- Prioritization of districts with high HIV burden;
- Introduction of TDF just one pill a day;
- Adoption of option B+ for PMTCT





#### **Achievements**

Mozambique ART sites Coverage (2011-2015)







## **Achievements (1)**

PERCENT OF ELIGIBLE
ADULTS AND
CHILDREN WHO
RECEIVE ART IN 2015

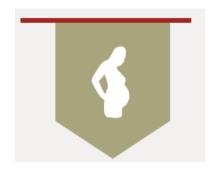
REDUCTION IN THE NUMBER OF NEW INFECTIONS BY 50% BY 2015 REDUCE THE HIV TRANSMISSION RATE FROM MOMS TO BABIES BY 5% BY 2015



84%



-12%



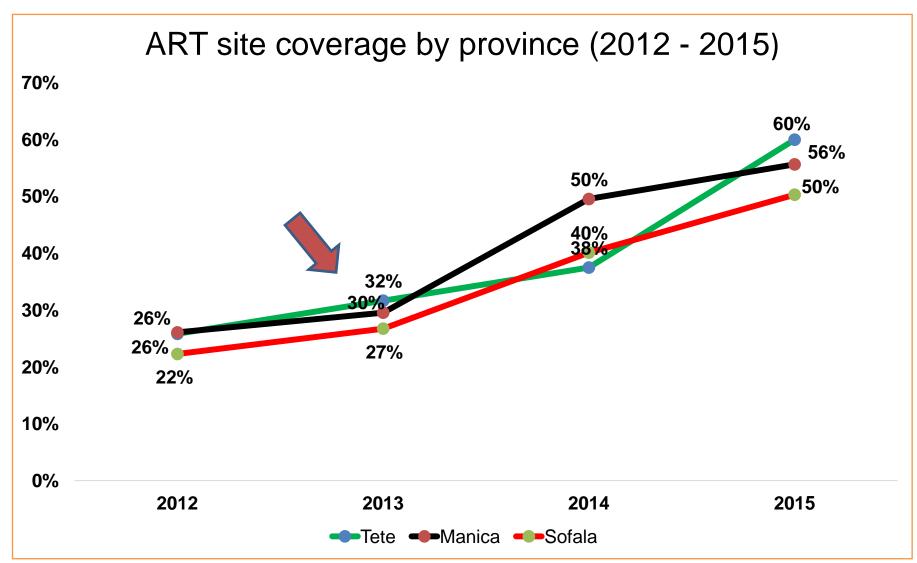
8.7%

Source: MoH





## Achievements (3)

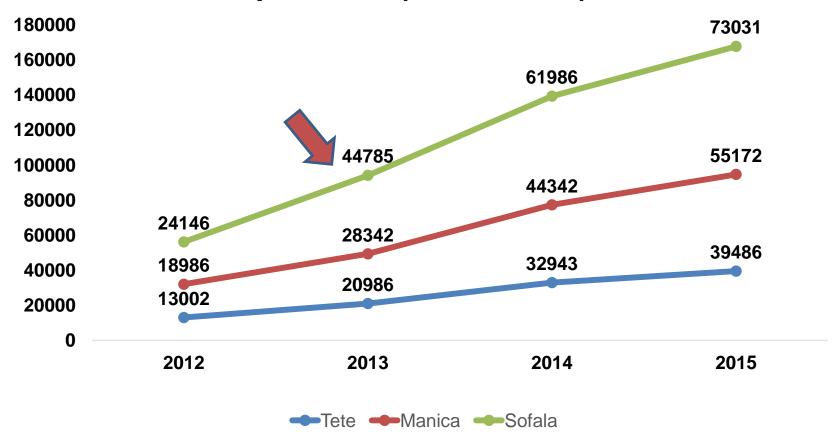






## **Achievements (4)**

## Number of adults currently on ART, by province (2012 - 2015)

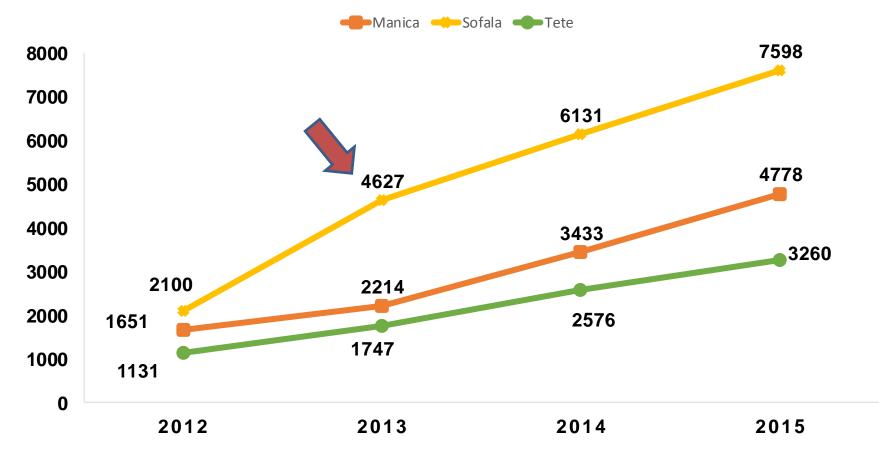






## **Achievements (5)**

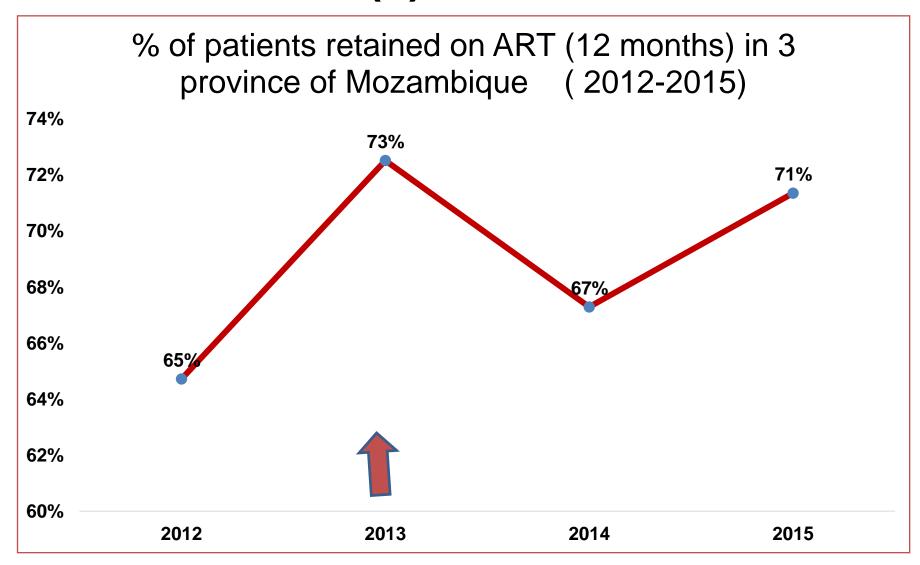
## NUMBER OF CHILDREN CURRENTLY ON ART, BY PROVINCE (2012 - 2015)







## **Achievements (6)**







## Major challenge: Health system



- 1. Rapid ART expansion
- 2. Lack of human resources
- 3. Deficient supply chain due to the huge increase in demand
- 4. Poor suport from the comunity
- 5. Poor quality of the services provided





## **Key Issues**

- While there is an increase in paediatric ART coverage, the majority of annual targets are not achieved;
- There is lack of quality regarding clinical follow up of patients in care and treatment – not yet in line with the guidelines;
- The overall quality of ART data needs to be improved, especially regarding early detection and report of LTFU patients;





## **Key Issues**

- Although the community support groups are improving the retention rates, retention in care and treatment is still one of the major challenges;
- Monthly refill for drugs while a stable patient has 2 clinical visits a year
- Inadequate of coordination with community organizations;





#### **Lessons learned**

- Support to community organizations and/or coordination between the HF and communities needs to be prioritized as HIV is a chronic disease where communities have a very powerful influence on adherence, retention and thus the quality of the patient's life;
- Due to lack of human resources, the use of lay people to support the HF and community activities is crucial;





## Lessons learned

- While there was a rapid "acceleration" regarding ART sites expansion, patients on ART remain concentrated in only 19% of all the HFs;
- There is a need to increase the supply chain capacity (warehouse to store drugs, commodities availability and timely distribution; etc.) and move to three months drug refill to decongest HFs and improve retention;
- There is a need to improve the quality of services provided in the health facilities not only looking at clinical needs but also to the psychosocial needs





# Muito Obrigado



